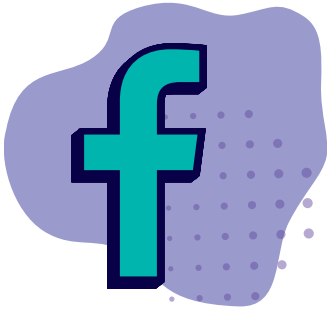


How to Max the Vax on Social Media



Facebook

[@Nebraska Maximizers for Healthy Kids](#) - content centers around useful links to different pages on MaxtheVaxNE.org, timely articles, and videos from health care providers and other Maximizers.

To post content on your profile, click Share on the individual Max the Vax post. Then, select Share to a Page for your professional page, or Share Now/Share to News Feed for your personal profile. The Share to a Page and Share to News Feed options allow customization by adding commentary. Share Now will share the post without commentary.



Twitter

[@MaxtheVaxNE](#) - content is the short form version of Facebook posts.

The best way to engage on Twitter is by Retweeting. Simply select the Tweet you want to share and hit Retweet. This will repost the Tweet onto your profile, whether it's your professional or personal account. If you want to add your own comments, click Quote Retweet.

Note: Retweets are only visible if your profile is public. If it's private, only your followers will see.



Instagram

[@MaxtheVaxNE](#) - a visual companion to Facebook content and generally has a younger audience.

There is no reshare feature for posts within Instagram, but fortunately, it's easy to repost content to your Stories. To share a post to your Story, tap the paper airplane button below the post. You will then see the option to create a Story. Customize by adding your own comments, stickers, and more.

If you would like to share a Max the Vax post on your Instagram, go to your app store and search "repost for Instagram" to find the right option for you.