# Tips for Talking with Parents and Caregivers About COVID-19 Vaccinations



COVID-19 cases among children continue to remain extremely high. In fact, more than 12 million children have tested positive for the virus since the onset of the pandemic.\*

Most children and teens have mild symptoms with COVID-19. Yet, some kids end up hospitalized or experience a dangerous after effect called multisystem inflammatory syndrome (MIS-C) and nearly 1,300 have lost their lives.\*

To vaccinate as many kids possible, we must let parents take the lead. Follow these tips to talk with them about the COVID-19 vaccine.



# Listen with Sensitivity

Parents have their own reasons to be hesitant. In many cases, they are in the "wait and see" category because they have questions, not necessarily a bias against vaccines.

Start the conversation by listening to understand their hesitancy, then offer thoughtful responses and connections to resources so they can make informed decisions.





# Stick to the Facts

Families are sorting through a lot of information to make decisions about COVID-19 vaccinations. It's important to acknowledge there is a lot of misinformation out there and to tell them, "Here's what we know about the vaccine..."

<u>Provide easy to understand, evidence-based answers</u>. Avoid opinions, like, "It's just the right thing to do." This approach will help parents decide what's best based on the facts.



## Prioritize Health

Being vaccinated against COVID-19 lowers the risk of getting and spreading the virus, while preventing serious illness and death.

By having more kids vaccinated, we can offer a safety net against severe disease for families, schools, and our communities.



### Provide Resources

When parents want to learn more, send them to <u>MaxtheVaxNE.org</u> for vaccination locations and resources directly from Nebraska physicians and health care providers.

Max the Vax is backed by the Nebraska Department of Education and Children's Hospital & Medical Center. Add your name to our list of Maximizers and show your support today.

